

Travel down Dynasty Court and turn left on Willow Point
turn left on One Iron
turn left on Mine Rd
turn right on Landsdown Rd
down big hill turn left on battlefield
go to end turn right on Lafayette
down hill turn left on Alum Springs Rd. follow into the back of Alum Springs Park on the new VCR bike trail
turn right and go down hill thru park
avoid the stream by going over the foot bridge hard left after bridge and immediately up a short steep hill
go straight to light at Rt 3 bypass.
Go straight on Williams Street
turn left on College Ave
go up to light and turn right into the UMW campus
go up to the bell tower and around it to the left and down the brick paver walkway thru campus around water fountain
down the hill and thru the dinning hall and up and around to the right to the parking garage
weave down thru the parking garage to the bottom and then straight to end of parking area
turn left and go out the gate
turn left on Sunken Road
to the end and turn right on Fitzhugh and right on Franklin
and left on Madison and right on Little Page
turn left on Grove
bear right onto Kenmore then left on Mary Ball at tennis courts
then left on Washington then left onto Canal bike trail
all the way to Fall Hill and onto the Heritage bike trail
follow bike trail all the way to Princess Anne
turn left on Princess Anne and go thru downtown (detours can be made thru these sections to hit either Carl's or Wally's for ice cream)
turn right off Princess Anne onto Lafayette and get onto the VCR bike trail at the Cobblestone Apts and follow new bike trail across Rt 3 bypass
take Lafayette up to a turn left onto the battlefield down to turn right on Landsdown and immediate right into Artillery Ridge on Parkview Dr
turn left on Artillery Ridge up the hills to Landsdown
turn right to Mine Road
turn left on Mine Rd
down to turn right on One Iron (Troon Subdivision)
right on Willow Point
into Fairways and right on Dynasty Ct. to the finish at the White House